THE STATE OF NEW HAMPSHIRE SUMMARY OF BENEFITS FOR RETIREES UNDER 65



Your CIGNA HealthCare Network Open Access POS plan

Features that Add Value

- The reassurance of having a **personal Primary Care Physician (PCP)** who is your source for routine care and for guidance when you need more than routine care. As your needs change, so may your choice of doctors.

 That's why you can change your Primary Care Physician for any reason.
- The CIGNA HealthCare 24-Hour Health Information LineSM connects you **to registered nurses** and a **library** of hundreds of recorded programs on important health topics 24 hours a day, 7 days a week, from anywhere in the U.S.
- CIGNA HealthCare *Healthy Rewards*® includes special offers for **discounts** on health-related products and services. To learn more, call 1.800.870.3470 or visit our Web site at www.cigna.com.
- Prescription drug coverage is a part of your plan. More than 50,000 pharmacies participate nationwide, so you can have your prescription filled wherever you go. Mailorder service means quick, convenient delivery of your medications right to your home.
- Our Guest Privileges program brings your CIGNA
 HealthCare benefits along when you temporarily relocate
 or send kids to schools away from home. Call CIGNA
 HealthCare Member Services to learn more.
- CIGNA Behavioral Health offers you access to professional consultation over the phone to help you with problems that affect you, your family, or your work.

Quality Service Is Part of Quality Care

- **Responsive service** -- Member Services representatives have the authority to **solve problems** on the phone, usually on the first call.
- www.cigna.com Visit our interactive Web site to learn more about your plan and get health information, 24 hours a day.
- We Speak Many LanguagesSM. We offer the Language Line Service so that you can talk with us in 140 different languages. Just call Member Services, and ask for an interpreter to assist you.

It's Your Health

When you choose CIGNA HealthCare, you can take advantage of our **health and wellness** programs

- Preventive care services for every covered family member.
- The CIGNA HealthCare Well-Aware Program for Better Health® can help you manage certain chronic conditions.
- The CIGNA HealthCare Healthy Babies® program provides you with education and support to help you have a **healthy pregnancy** and **a healthy baby.** And there's no copayment for prenatal care office visits after the first visit that confirms you're pregnant.

It's Your Choice

You get access to quality care at the lowest out-of-pocket costs available under your plan by having your care coordinated through your Primary Care Physician and by seeing network providers. You also get the freedom to choose the providers you prefer — even if they aren't part of the network. Your costs are lowest when you see participating providers, but you're still covered for visits to other providers.

You Can Depend on CIGNA HealthCare

- Quality comes first. We select participating providers carefully. And we make sure you have a wide range of PCPs and specialists to choose from.
- Emergency and urgent care are covered wherever you go, worldwide, 24 hours a day. Urgent care centers can take care of your urgent care needs, and you pay a lower copayment.

For Under 65 Retirees (and their eligible dependents) of:
The State of New Hampshire

BENEFIT HIGHLIGHTS	PCP referred benefits	Self-referred	Out of network
		network benefits	benefits
Primary Care Physician (PCP) Office Visit	010	420	000/#
Preventive Care for children and Adults	\$10 per visit	\$30 per visit	80%*
Immunizations	No charge	No charge	No charge
Medical Care for Illness or Injury	\$10 per visit	\$30 per visit	80%*
Surgery Performed in the Physician's Office	\$10 per visit	\$30 per visit	80%*
Routine Mammograms, PSA, Pap Test	No charge	No charge	No charge
Specialty Physician Office Visit			
Office Visits: Consultant and Referral Physician Services	\$10 per visit	\$30 per visit	80%*
Allergy Treatment/Injections	\$10 per visit	\$30 per visit	80%*
Surgery Performed in the Physician's Office	\$10 per visit	\$30 per visit	80%*
Inpatient Hospital Services – includes	No charge	80%	80%*
Semi-Private Room and Board			
Diagnostic/Therapeutic Lab and X-ray			
Inpatient Hospital Doctor's Visits/Consultations			
Outpatient Facility Services			
Operating and Recovery Room	No charge	80%	80%*
Diagnostic/Therapeutic Lab and X-rays	No charge	No charge	80%*
Physician & Outpatient Professional Services	No charge	80%	80%*
Laboratory and Radiology Services			
MRIs, CAT Scans and PET Scans	No charge	80%	80%*
Other Laboratory and Radiology Services	_		
Outpatient Hospital Facility	No charge	No charge	80%*
Independent X-Ray and/or Lab Facility	No charge	No charge	80%*
Short-Term Rehabilitative Therapy	No charge	80%	80%*
(includes cardiac rehab, physical, speech, and occupational			
therapy)		up to \$3,000 per calendar	up to \$3,000 per calendar
107		year for all therapies	year for all therapies
		combined	combined
Chiropractic Services	\$10 per visit	\$10 per visit	80%*
12 visits maximum per calendar year			
Prescription Drugs -\$2,000 maximum per member per calendar			
year			
CIGNA Pharmacy Retail Drug Program - 31 day supply			
\$50 per calendar year deductible for each member	80% after pharmacy deductible	80% after pharmacy	80% after pharmacy
		deductible	deductible
CIGNA Tel-Drug Mail Order Drug Program -90 day supply	\$4 copay, no deductible	\$4 copay, no deductible	Not Applicable
Emergency and Urgent Care Services			
Physician's Office – PCP or Specialty Physician	\$10 per visit	\$10 per visit	\$10 per visit
Hospital Emergency Room/Urgent Care Facility	\$10 per visit (<i>copay</i>	\$10 per visit (copay	\$10 per visit (<i>copay</i>
	waived if admitted)	waived if admitted)	waived if admitted)
Ambulance	No charge	No charge	No charge
(If not a true emergency, emergency care services not covered)			
Inpatient Services at Other Health Care Facilities	No charge	80%	80%*
Skilled Nursing, Rehabilitation and Sub-Acute Facilities	_		
100 days combined maximum per calendar year		<u></u>	
Maternity Care Services			
Initial Office Visit to Confirm Pregnancy	\$10 per visit	\$10 per visit	80%*
	No charge	No charge	80%*
All other office visits			I
All other office visits Delivery			
00	No charge	No charge	80%*
Delivery	_	No charge No charge	80%* 80%*
Delivery Hospital Charges	No charge	e e	
Delivery Hospital Charges Physician Charges	No charge No charge	No charge	80%*
Delivery Hospital Charges Physician Charges Home Health Services Hospice Care Services	No charge No charge No charge	No charge 80%	80%* 80%*
Delivery Hospital Charges Physician Charges Home Health Services Hospice Care Services Family Planning Services	No charge No charge No charge No charge	No charge 80% 80%	80%* 80%* 80%*
Delivery Hospital Charges Physician Charges Home Health Services Hospice Care Services	No charge No charge No charge	No charge 80%	80%* 80%*

BENEFIT HIGHLIGHTS	PCP referred benefits	Self-referred network benefits	Out of network benefits
TMJ - Surgical and Non-Surgical-case-by-case basis. Always excludes appliances and orthodontic treatment. Subject to medical			
necessity.	\$10 per visit	\$30 per visit	80%*
Physician's Office	No charge	80%	80%*
Hospital Charges			
Mental Health Services			
Inpatient	No charge	No charge	80%*
Outpatient Services	\$10 per visit	\$10 per visit	80%*
Substance Abuse Services –limited to \$3,000 per calendar year, and limited to \$10,000 per lifetime			
Inpatient (up to 30 days per calendar year)	No charge	No charge	80%*
Outpatient Services	\$10 per visit	\$10 per visit	80%*
Durable Medical Equipment/External Prosthetic Appliances	No charge	80%	\$150 deductible per member then 80%
Vision Care			
Eye exam	\$10 per visit	\$10 per visit	80%*
Exam Frequency Under age 19 – limited to one exam every calendar year			
Age 19 and over – limited to one exam every two calendar years			
OTHER BENEFIT INFORMATION			
Annual Deductible			
Individual	None	None	\$150
Family	None	None	\$450
Annual Out-of-Pocket (OOP) Maximum			
Individual	None	\$600	\$900
Family	None	\$1,800	\$2,700
Coinsurance	No (except where noted above)	80% where noted	80% where noted

*Deductibles apply

All out of network services limited to reasonable & customary limitations

Note: For certain services provided by a network provider, without a Primary Care physician referral, your provider may bill you directly for member cost shares.

Mental Health

All Mental Health and Substance Abuse benefits are authorized by CIGNA Behavioral Health, Inc., or its affiliates.

Benefit Exclusions.

These are examples of the exclusions in your plan. The complete list of exclusions is provided in your Certificate or Summary Plan Description. To the extent there may be differences, the terms of the Certificate or Summary Plan Description control.

Your plan provides coverage for medically necessary services. Your plan does not provide coverage for the following except as required by law:

- Services that are not medically necessary, except specifically outlined preventive care.
- 2. Charges which the person is not obligated to pay.
- Charges made by a hospital owned by or performing services for the U.S. government if the charges are directly related to a sickness or injury connected to military service.
- Custodial services not intended primarily to treat a specific injury or sickness, or any education or training.
- 5. Experimental, investigational or unproven procedures and treatments.
- 6. Cosmetic surgery or therapy.
- Reports, evaluations, examinations, or hospitalizations not required for health reasons, such as employment, insurance or government licenses and court ordered forensic or custodial evaluations.
- 8. Treatment of the teeth or periodontium, unless such expenses are incurred for:
 (a) charges made for a continuous course of dental treatment started within six months of an injury to sound natural teeth; (b) charges made by a Hospital for Bed and Board or Necessary Services and Supplies; or (c) charges made by the outpatient department of a Hospital in connection with surgery.
- 9. Reversal of voluntary sterilization procedures.

- 10. Certain infertility services.
- 11. Transsexual surgery and related services.
- 12. Treatment for erectile dysfunction.

 However, penile implants are covered when an established medical condition is the cause of erectile dysfunction.
- 13. Therapy to improve general physical condition.
- 14. Eyeglasses, hearing aids or examinations and prescription fitting, except as provided in the Certificate or Summary Plan Description.
- Charges for the maintenance and repairs of external prostheses due to misuse.
- Surgical treatment for correction of refractive errors, including radial keratotomy.
- Prescription and non-prescription drugs, except as provided in the Certificate or Summary Plan Description.
- 18. Routine foot care.
- Any injury or sickness arising out of, or in the course of, any employment for wage or profit.
- 20. Charges for consumable medical supplies other than ostomy supplies and urinary catheters. Excluded supplies include but are not limited to bandages and other disposable medical supplies, skin preparations and test strips, except as provided in the Certificate or Summary Plan Description.
- Charges in excess of reasonable and customary limitations.
- Charges for medical and surgical services intended primarily for the treatment or control of obesity.
- 23. Speech therapy which is not restorative in nature
- Artificial aids, including but not limited to orthopedic shoes, arch supports, elastic stockings, dentures and wigs.

These Are Only the Highlights

As you can see, the plan is designed to combine in-depth coverage with affordable prices. This summary contains highlights only and is subject to change. The specific terms of coverage, exclusions and limitations including legislated benefits are contained in the Summary Plan Description or Insurance Certificate. This plan is insured and/or administered by Connecticut General Life Insurance Company, a CIGNA Company.

"CIGNA HealthCare" refers to various operating subsidiaries of CIGNA Corporation. Products and services are provided by these subsidiaries and not by CIGNA Corporation. These subsidiaries include Connecticut General Life Insurance Company, CIGNA Vision Care, Inc., Tel-Drug, Inc. and its affiliates, CIGNA Behavioral Health, Inc., Intracorp, and HMO or service company subsidiaries of CIGNA Health Corporation and CIGNA Dental Health, Inc.

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Summary of Benefits

BENEFIT HIGHLIGHTS	
Calendar Year Deductible	None
Coinsurance Levels	100%
Office Visit	
Illness \ Injury	100%
Allergy Treatment	100%
Preventive Care	
Routine Preventive Care	100%
Immunizations	Not Covered
Well Woman Care	100%
Pap Test	100%
Mammograms	100%
Independent X-Ray and Lab	100%
Prescription Drugs	
Retail (per 31 day supply)	
Generic/Brand	\$100 deductible, then 80% coinsurance for the next
	\$400 in expenses, then 100%
Mail Order (per 90 day supply)	
Generic/Brand	\$4 copay
Maximum	No maximum
Emergency	
Doctor's Office	100%
Emergency Room\Urgent Care	100%
Ambulance	100%
Hospital Inpatient	100%
Doctor Visits	100%
Preadmission Testing	100%
Outpatient Surgical Facility	100%
Surgery	
Surgeon's Fees	100%
Second Opinion Consultation	100%

Summary of Benefits

BENEFIT HIGHLIGHTS	
Outpatient Rehabilitation	100%
Includes Physical, Speech,	
Occupational therapy)	
(60 days per calendar year for all	
therapies combined)	
Chiropractic Care	100%
Routine Foot Care	Not Covered
Infertility Services	Not Covered
Special Services	
Skilled Nursing Facility, up to	100%
100 days per calendar year	
Home Health Care	100%
Hospice - Inpatient	100%
Hospice - Outpatient	100%
Durable Medical Equipment	100%
External Prosthetic Appliances	100%
Mental Health/Substance	
Abuse	
Inpatient	100%
Outpatient	100%
Routine Vision Care	Not Covered

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